



BARNEOMBUDET

**The Ombudsman for  
Children is an  
advocate for children  
and young people.**

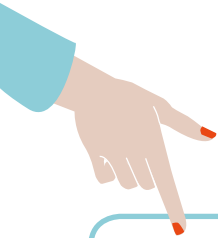


**We work to uphold  
the rights of  
children.**

The Ombudsman for Children is an advocate for children and young people. We work to uphold the rights of children.

The Norwegian Ombudsman for Children was the world's first Ombudsman for Children. Now there is an Ombudsman for Children in several countries around the world.

The Ombudsman for Children is appointed by the King and occupies the post for six years. Anne Lindboe became Ombudsman for Children in 2012 and will hold office until 2018. She is a paediatrician.



### OUR DUTIES:

- 1) To ensure that the opinions of children and young people are heard and that their rights are upheld
- 2) One of our most important duties is to ensure that the authorities in Norway comply with the Convention on the Rights of the Child, which is enshrined in Norwegian law
- 3) The Ombudsman for Children is an independent body. This means that we form our own opinions and decide what areas we are going to focus on

### HOW WE WORK:

The Ombudsman for Children also seeks to influence the authorities in ways that can create a better society for children and young people.



We do this through:

- Holding lectures and seminars for people who work with/provide services for children.
- Writing letters to the authorities when we believe that the rights of children are not being satisfactorily upheld.
- Giving statements when laws are being written or amended.
- Giving interviews to the media and being active on social media platforms.
- Meeting with government ministers and members of parliament.

We also provide advice and information on the rights of children to people who contact us online or via email/telephone.

One of the most important duties we perform is talking to the children and young people themselves about their experiences and relaying recommendations and perspectives to decision-makers.

Every year, the Ombudsman for Children directs special attention to one or more areas where we have identified the need to reinforce the rights of children.



## WHAT CAN WE DO FOR YOU?

Anyone can contact the Ombudsman for Children. You can reach us online, by email or telephone. We can answer questions regarding your rights and help you get in touch with people who can help you.

### HOW CAN YOU GET IN TOUCH WITH US:

- Send an email to:  
[post@barneombudet.no](mailto:post@barneombudet.no)
- Call us on: (+47) 22 99 39 50
- Visit our website:  
[www.barneombudet.no](http://www.barneombudet.no)
- Follow us on facebook, twitter and instagram

### WHAT WE CANNOT HELP YOU WITH:

The Ombudsman for Children cannot reverse decisions that have been made by other governmental authorities such as, for example, Child Welfare Services, the Norwegian Directorate of Immigration, schools or courts of law. However, we can use the experiences of children to alert the authorities to the necessity of making changes to the law or its application in order to better uphold the rights of children.